



Stokeinteignhead Primary School

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Allergy Management in School

Dear Parents and Carers,

We have been reviewing the procedures that we have in place to support the children and adults with allergies in our school. We now have a number of both children and adults with allergies, some with potentially fatal outcomes. For this reason, we are now asking for parental support in helping us to manage the safety and well-being of all those with allergies in our building.

Firstly, please make sure that you have alerted the school to any allergies that your child may have or have developed. Often, changes to diets or medical/allergy information is not updated, especially where the children may be in older year groups. By notifying the school of any changes, we can update our records and make our very best endeavours to ensure the safety of your child. This includes notifying the school kitchens of any food allergies for which they will then be able to cater.

We now have some individuals at our school with nut allergies that may still be developing in nature. Unlike other allergies, nut allergies can be triggered not only by the consumption of nuts or products containing nuts, but also by touch or through airborne particles that are inhaled. We also have individuals at the school who are allergic to products containing egg.

We are putting in place school-wide measures that will keep all individuals with allergies safe. All the staff at school have now completed training to deal with any potential cases of Anaphylaxis in order that they can safely and confidently deliver adrenaline injectors should this be required. However, we are asking for wider parental support in the following ways:

- Please avoid sending nuts or products containing nuts (where known or possible) into school. This includes peanut butter.
- Please talk to your children about the importance of not sharing their food with other children.
- Please talk to your child about the importance of washing hands thoroughly both before and after eating.

Whilst we do not want to limit the food choices for our families, we do want to make sure that everyone at our school is safe and well and hope that you understand the reasons behind our above requests. Parents have recently been sent the allergy information linked to our school lunch menu.

We thank you in advance for your co-operation. If you require any further information, please do not hesitate to ask.

Kind regards

Joanna Crathorne
Head of School